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- 1 □ Gen 1-7
- 2 □ Gen 8-11
- 3 □ Job 1-9
- 4 □ Job 10-14
- 5 □ Job 15-19
- 6 □ Contemplation
- 7 □ Job 20-24
- 8 □ Job 25-30
- 9 □ Job 31-38
- 10 □ Job 39-42; Gen 12
- 11 □ Gen 13-16
- 12 □ Gen 17-19
- 13 □ Contemplation
- 14 □ Gen 20-24
- 15 □ Gen 25 – 27:29
- 16 □ Gen 27:30 – 29:35
- 17 □ Gen 30-34
- 18 □ Gen 35-37
- 19 □ Gen 38-40
- 20 □ Contemplation
- 21 □ Gen 41-44
- 22 □ Gen 45-50
- 23 □ Ex 1-3
- 24 □ Ex 4-6
- 25 □ Ex 7 – 9:21
- 26 □ Ex 9:22 – 12:16
- 27 □ Contemplation
- 28 □ Ex 12:17 – 14:31
- 29 □ Ex 15-17
- 30 □ Ex 18-22
- 31 □ Ex 23-25

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- 1 □ Ex 26-30
- 2 □ Ex 31-33
- 3 □ Contemplation
- 4 □ Ex 34 – 36:19
- 5 □ Ex 36:20 – ch.38
- 6 □ Ex 39-40; Lev 1
- 7 □ Lev 2-4
- 8 □ Lev 5-7
- 9 □ Lev 8-10
- 10 □ Contemplation
- 11 □ Lev 11 – 13:37
- 12 □ Lev 13:38 – 14:57
- 13 □ Lev 15-19
- 14 □ Lev 20-22
- 15 □ Lev 23 – 25:17
- 16 □ Lev 25:18 – 26:46
- 17 □ Contemplation
- 18 □ Lev 27; Num 1
- 19 □ Num 2-5
- 20 □ Num 6 – 7:77
- 21 □ Num 7:78 – 10:36
- 22 □ Num 11-15
- 23 □ Num 16 – 18:13
- 24 □ Contemplation
- 25 □ Num 18:14 – 20:27
- 26 □ Num 21-22
- 27 □ Num 23 – 26:27
- 28 □ Num 26:28 – 28:31

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- 1 □ 2 Sam 22; Ps 37, 68
- 2 □ Ps 138-139; 145;2 Sam 23
- 3 □ 2 Sam 24; 1 Kings 1
- 4 □ 1 Kings 2-3
- 5 □ Contemplation
- 6 □ 1 Kings 4; Prov 1-3
- 7 □ Prov 4-8
- 8 □ Prov 9-13
- 9 □ Prov 14-18
- 10 □ Prov 19-23
- 11 □ Prov 24-28
- 12 □ Contemplation
- 13 □ Prov 29-31
- 14 □ Song of Solomon 1-4
- 15 □ Song of Solomon 4-8
- 16 □ 1 Kings 5-8
- 17 □ 1 Kings 9-10; Ps 72, 127
- 18 □ 1 Kings 11; Ecclesiastes 1-2
- 19 □ Contemplation
- 20 □ Ecclesiastes 3-7
- 21 □ Ecclesiastes 8-12
- 22 □ 1 Kings 12-13
- 23 □ 1 Kings 14 – 16:10
- 24 □ 1 Kings 16:11 – 18:40
- 25 □ 1 Kings 18:41 – 20:43
- 26 □ Contemplation
- 27 □ 1 Kings 21-22
- 28 □ 2 Kings 1-5
- 29 □ 2 Kings 6-9
- 30 □ 2 Kings 10-11
- 31 □ Obadiah; 2 Kings 12-13

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- 1 □ 2 Kings 14; Jonah
- 2 □ Contemplation
- 3 □ Amos 1-5
- 4 □ Amos 6-9; 2 Kings 15:1-15
- 5 □ 2 Kings 15:16-38; Hosea 1-4
- 6 □ Hosea 5-9
- 7 □ Hosea 10-14
- 8 □ 2 Kings 16-17
- 9 □ Contemplation
- 10 □ 2 Kings 18-19
- 11 □ 2 Kings 20-21; Nahum 1-2
- 12 □ Nahum 3; 2 Kings 22-23
- 13 □ 2 Kings 24-25; 1 Chr 1
- 14 □ 1 Chr 2-6
- 15 □ 1 Chr 7-12
- 16 □ Contemplation
- 17 □ 1 Chr 13-16
- 18 □ Ps 95-100, 106
- 19 □ Ps 107, 118, 125;1 Chr 17
- 20 □ Ps 1, 89, 111-112, 146;1 Chr 18
- 21 □ Ps 33, 121, 129;1 Chr 19-21
- 22 □ Ps 123, 130; 1 Chr 22; Ps 119:1-80
- 23 □ Contemplation
- 24 □ Ps 119:81-176;1 Chr 23
- 25 □ 1 Chr 24-25; Ps 50, 73-74
- 26 □ Ps 75-78
- 27 □ Ps 79-83, 150;1 Chr 26
- 28 □ 1 Chr 27-28; Ps 91
- 29 □ 1 Chr 29; Ps 71; 2 Chr 1
- 30 □ Contemplation

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- 1 □ Num 29-31
- 2 □ Num 32-34
- 3 □ Contemplation
- 4 □ Num 35-36; Deut 1
- 5 □ Deut 2-5
- 6 □ Deut 6-11
- 7 □ Deut 12-17
- 8 □ Deut 18-23
- 9 □ Deut 24-28
- 10 □ Contemplation
- 11 □ Deut 29-33
- 12 □ Deut 34; Ps 90; Jos 1-2
- 13 □ Joshua 3-7
- 14 □ Joshua 8-12
- 15 □ Joshua 13-15
- 16 □ Joshua 16-19
- 17 □ Contemplation
- 18 □ Joshua 20-22
- 19 □ Joshua 23-24; Judges 1
- 20 □ Judges 2-6
- 21 □ Judges 7-8
- 22 □ Judges 9; Ruth 1
- 23 □ Ruth 2-4
- 24 □ Contemplation
- 25 □ Judges 10-12
- 26 □ Judges 13-18
- 27 □ Judges 19-20
- 28 □ Judges 21; 1 Sam 1 – 2:17
- 29 □ 1 Sam 2:18 – 5:12
- 30 □ 1 Sam 6 – 9:14
- 31 □ Contemplation

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- 1 □ 1 Sam 9:15 – 12:25
- 2 □ 1 Sam 13-14
- 3 □ 1 Sam 15-16; Ps 8, 23
- 4 □ 1 Sam 17-18; Ps 11
- 5 □ 1 Sam 19; Ps 58-59
- 6 □ 1 Sam 20-21; Ps 34, 56
- 7 □ Contemplation
- 8 □ 1 Sam 22; Ps 7, 52, 57, 63-64
- 9 □ Ps 109, 140-141;1 Sam 23; Ps 12-13
- 10 □ Ps 14, 17, 22, 31, 36, 54
- 11 □ 1 Sam 24; Ps 35, 142
- 12 □ 1 Sam 25-26; Ps 16, 70;1 Sam 27; Ps 86
- 13 □ 1 Sam 28-31
- 14 □ Contemplation
- 15 □ 2 Sam 1-3
- 16 □ 2 Sam 4-5; Ps 15, 24,29-30, 101, 133, 144
- 17 □ 2 Sam 6; Ps 110;2 Sam 7; Ps 2, 5
- 18 □ Ps 19, 103, 105, 122, 131;2 Sam 8
- 19 □ Ps 9-10, 18, 25
- 20 □ Ps 26, 60, 108, 124;2 Sam 9-10; Ps 53
- 21 □ Contemplation
- 22 □ 2 Sam 11-12; Ps 6, 20
- 23 □ Ps 21, 32, 38-40, 51
- 24 □ 2 Sam 13-14
- 25 □ 2 Sam 15-16
- 26 □ 2 Sam 17; Ps 3-4, 27-28, 41
- 27 □ Ps 55, 61-62, 69, 143
- 28 □ Contemplation
- 29 □ 2 Sam 18-19
- 30 □ 2 Sam 20-21; Ps 65

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- 1 □ 2 Chr 2-7
- 2 □ Ps 42-49
- 3 □ Ps 66-67, 84-85, 87-88,92-94, 117, 128
- 4 □ Ps 132, 134-136, 148;2 Chr 8 – 9:12
- 5 □ 2 Chr 9:13-31; Ps 104, 114; 2 Chr 10-11
- 6 □ 2 Chr 12-15
- 7 □ Contemplation
- 8 □ 2 Chr 16-19
- 9 □ 2 Chr 20-22
- 10 □ 2 Chr 23; Joel 1-2
- 11 □ Joel 3; 2 Chr 24-25
- 12 □ 2 Chr 26-27; Is 1-2
- 13 □ Is 3-6
- 14 □ Contemplation
- 15 □ 2 Chr 28; Is 7-8
- 16 □ Is 9-12
- 17 □ 2 Chr 29; Ps 102, 115
- 18 □ 2 Chr 30-31; Is 13
- 19 □ Is 14-18
- 20 □ Is 19-22
- 21 □ Contemplation
- 22 □ Is 23-30
- 23 □ Is 31-37
- 24 □ Is 38-39; Micah 1-4
- 25 □ Micah 5-7; 2 Chr 32
- 26 □ Is 40-44
- 27 □ Is 45-48
- 28 □ Contemplation
- 29 □ Is 49-51
- 30 □ Is 52-56
- 31 □ Is 57-60

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- 1 □ Is 61-66; 2 Chr 33 – 34:7
- 2 □ Zephaniah
- 3 □ 2 Chr 34:8 – 35:26
- 4 □ Contemplation
- 5 □ Jer 1-3
- 6 □ Jer 4-9
- 7 □ Jer 10-12
- 8 □ Jer 13-18
- 9 □ Jer 19-20; 2 Chr 36:1-4; Jer 26
- 10 □ Jer 25, 35
- 11 □ Contemplation
- 12 □ Jer 36, 45-47
- 13 □ Jer 48-49
- 14 □ Habakkuk; Daniel 1
- 15 □ Daniel 2-3
- 16 □ Daniel 4; 2 Chr 36:5-10; Jer 24, 27
- 17 □ Jer 28-30
- 18 □ Contemplation
- 19 □ Jer 31; Ez 1
- 20 □ Ez 2-5
- 21 □ Ez 6-9
- 22 □ Ez 10-12
- 23 □ Ez 13 – 16:19
- 24 □ Ez 16:20 – 17:24
- 25 □ Contemplation
- 26 □ Ez 18 – 20:29
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- 28 □ Ez 25; Jer 21-22
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- 30 □ Jer 33-34; Ez 29
- 31 □ Ez 30, 26

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- 1  Contemplation
- 2  Ez 27-28, 31
- 3  Jer 37-39
- 4  Jer 52:1-30; 40:1-6; 2 Chr 36:11-21; Jer 40:7 – 41:18
- 5  Jer 42-44
- 6  Jer 50 – 51:23
- 7  Jer 51:24-64; Lam 1
- 8  Contemplation
- 9  Lam 2-4
- 10  Lam 5; Ps 137; Ez 32; 33:1-16
- 11  Ez 33:17 – 36:15
- 12  Ez 36:16 – 38:23
- 13  Ez 39-43
- 14  Ez 44-47
- 15  Contemplation
- 16  Ez 48; Jer 52:31-34; Daniel 7
- 17  Daniel 8, 5
- 18  Daniel 6, 9; 2 Chr 36:22-23
- 19  Daniel 10-11
- 20  Daniel 12; Ezra 1-2; Ps 126; Ezra 3
- 21  Ezra 4; Haggai; Zec 1
- 22  Contemplation
- 23  Zec 2-7
- 24  Zec 8-12
- 25  Zec 13-14; Ezra 5-6
- 26  Ps 116; Esther 1-3
- 27  Esther 4-8
- 28  Esther 9-10; Ezra 7-10
- 29  Contemplation
- 30  Neh 1-3

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- 1  Neh 4-6; Ps 113, 120
- 2  Ps 147, 149; Neh 7-8
- 3  Neh 9-10
- 4  Neh 11 – 12:43; Malachi 1
- 5  Malachi 2-4; Neh 12:44 – 13:31
- 6  Contemplation
- 7  Mat 1-4
- 8  Mat 5-9
- 9  Mat 10 – 12:21
- 10  Mat 12:22 – 13:58
- 11  Mat 14-19
- 12  Mat 20-23
- 13  Contemplation
- 14  Mat 24-26
- 15  Mat 27-28
- 16  Mark 1-3
- 17  Mark 4 – 6:29
- 18  Mark 6:30 – 8:38
- 19  Mark 9-12
- 20  Contemplation
- 21  Mark 13-14
- 22  Mark 15-16; Luke 1:1-38
- 23  Luke 1:39 – 3:18
- 24  Luke 3:19 – 5:39
- 25  Luke 6 – 9:45
- 26  Luke 9:46 – 11:28
- 27  Contemplation
- 28  Luke 11:29 – 12:59
- 29  Luke 13-18
- 30  Luke 19-24
- 31  Acts 1-2

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- 1  Acts 3-5
- 2  Acts 6-9
- 3  Contemplation
- 4  Acts 10-12
- 5  James 1-4
- 6  James 5; Acts 13-14
- 7  Acts 15-16
- 8  Acts 17 – 18:11; 1 Thes 1-2
- 9  1 Thes 3-5; 2 Thes 1-2
- 10  Contemplation
- 11  2 Thes 3; Acts 18:12 -19:20; Gal 1-2
- 12  Gal 3-6
- 13  Acts 19:21-22; 1 Cor 1-4
- 14  1 Cor 5-8
- 15  1 Cor 9-11
- 16  1 Cor 12-14
- 17  Contemplation
- 18  1 Cor 15-16; Acts 19:23-41
- 19  Acts 20:1; 2 Cor 1-4
- 20  2 Cor 5-8
- 21  2 Cor 9-11
- 22  2 Cor 12-13; Acts 20:2-3a; Rom 1
- 23  Rom 2-4
- 24  Contemplation
- 25  Rom 5-7
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- 28  Rom 15-16; Acts 20:3b-38
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- 30  Acts 26-27

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- 1  Contemplation
- 2  Acts 28; Eph 1-3
- 3  Eph 4-6; Col 1
- 4  Col 2-4; Philemon
- 5  Philippians
- 6  Jude; 1 Tim 1-4
- 7  1 Tim 5-6; Titus
- 8  Contemplation
- 9  2 Tim
- 10  1 Peter 1-4
- 11  1 Peter 5; 2 Peter
- 12  Heb 1-6
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- 14  Heb 10-11
- 15  Contemplation
- 16  Heb 12-13; John 1
- 17  John 2-4
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- 22  Contemplation
- 23  John 20-21; 1 John 1-2
- 24  1 John 3-5; 2 John
- 25  3 John; Rev 1-2
- 26  Rev 3-6
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- 28  Rev 12-15
- 29  Contemplation
- 30  Rev 16-19
- 31  Rev 20-22